

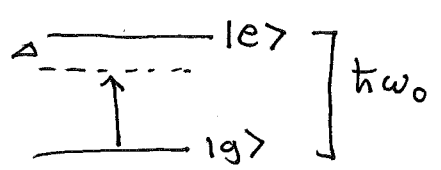
8.0 DECOHERENCE OPTICAL BLOCH EQ.

It is typical to approximate decoherence in semiclassical theory phenomenologically

Recall Rabi Model

$$E_g = \hbar \omega_g$$

$$\omega_0 = \omega_e - \omega_g$$

$\hbar \omega$


$$E_e = \hbar \omega_e$$

$$|t\rangle = C_g(t) e^{-i\omega_g t} |g\rangle + C_e(t) e^{-i\omega_e t} |e\rangle$$

Eq. 4.70

$$C_e(t) = \frac{iU}{\Omega} e^{i\Delta t/2} \sin[\Omega t/2]$$

$$C_g(t) = e^{i\Delta t/2} \left[\cos \Omega t/2 - i \frac{\Delta}{\Omega} \sin \Omega t/2 \right]$$

Let's take $\Delta = \omega - \omega_0 = 0$

$$\Omega_R = [\Delta^2 + U^2]^{1/2} \rightarrow U = -q \langle e | \hat{d} \cdot \vec{E}_0 | g \rangle = -\Omega_0$$

$$\Rightarrow |t\rangle = \frac{1}{2} \cos \Omega t/2 |g\rangle e^{-i\omega_g t} + \sin[\Omega t/2] |e\rangle e^{-i\omega_e t}$$

We may construct density matrix

$$\hat{\rho}(t) = |t\rangle \langle t| = \begin{array}{cc} & \begin{array}{c} |e\rangle \\ |g\rangle \end{array} \\ \begin{array}{c} \langle e| \\ \langle g| \end{array} & \begin{bmatrix} \sin^2 \Omega t/2 & \frac{1}{2} \sin \Omega t e^{-i\omega_0 t} \\ \frac{1}{2} \sin \Omega t e^{+i\omega_0 t} & \cos^2 \Omega t/2 \end{bmatrix} \end{array}$$

Recall $W(t) = P_{ee} - P_{gg} = \sin^2 - \cos^2 = -\cos \Omega t$

is the inversion. The off diagonal terms $\frac{1}{2} \sin \Omega t e^{\pm i\omega_0 t}$

are the coherence terms. These are

interference terms.

Note $\hat{\rho}_{\text{mix}} = \begin{bmatrix} \sin^2 \Omega t/2 & 0 \\ 0 & \cos^2 \Omega t/2 \end{bmatrix}$

Describes a classical statistical mixture,

$$P_e = \sin^2 \Omega t / 2 \quad P_g = \cos^2 \Omega t / 2$$

and so measurements produce these randomly like coin flipping. The off-diagonal terms describe quantum interference.

If the atom is coupled to a heat bath on any system with an ∞ number of modes the coherence will decay with a rate $\gamma = 1/T$. We model this as $e^{\pm i\omega t} \rightarrow e^{\pm i\omega_0 t - \gamma t}$ and so the off diagonal terms experience exponential decay

$$\hat{\rho} = \begin{bmatrix} \sin^2 \Omega t / 2 & \frac{1}{2} \sin(\Omega t) e^{-i\omega_0 t - \gamma t} \\ \frac{1}{2} \sin(\Omega t) e^{+i\omega_0 t - \gamma t} & \cos^2 \Omega t / 2 \end{bmatrix} \xrightarrow{t \rightarrow \infty} \hat{\rho}_{\text{mix}}$$

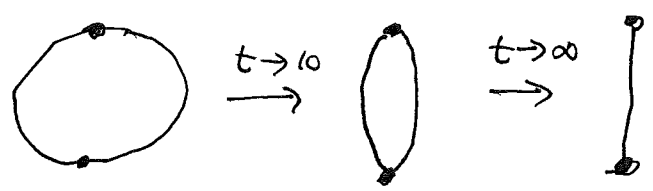
Note in decoherence probability is still conserved a measurement will produce $|e\rangle$ or $|g\rangle$.

Typical we write $u + i v = \text{Re}[P_{eg}] + i \text{Re}[P_{ge}]$

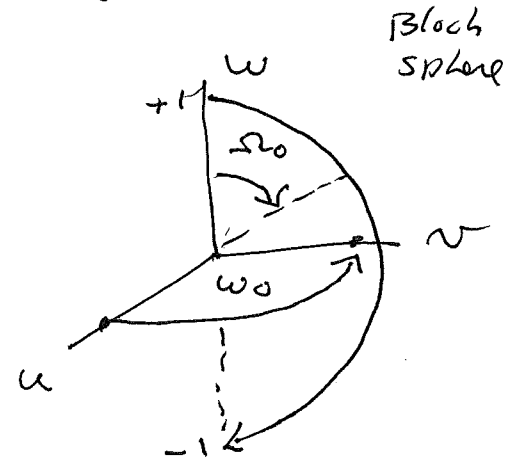
$$\Rightarrow u = \frac{1}{2} \sin(\Omega t) \cos \omega_0 t e^{-\gamma t}$$

$$v = \frac{1}{2} \sin(\Omega t) \sin \omega_0 t e^{-\gamma t}$$

As u and v decay to zero



Indicating only North / South pole possible.



In this same model we can introduce loss

$$|e\rangle \xrightarrow{\gamma_e}$$

$$|g\rangle \xrightarrow{\gamma_g}$$

That is population losses electrons at rate $\gamma_e = 1/T_e$ & $\gamma_g = 1/T_g$ two same third level uncoupled from field

In this case probability is not conserved!

$$\gamma_{\pm} \equiv \gamma_e + \gamma_g \neq 0$$

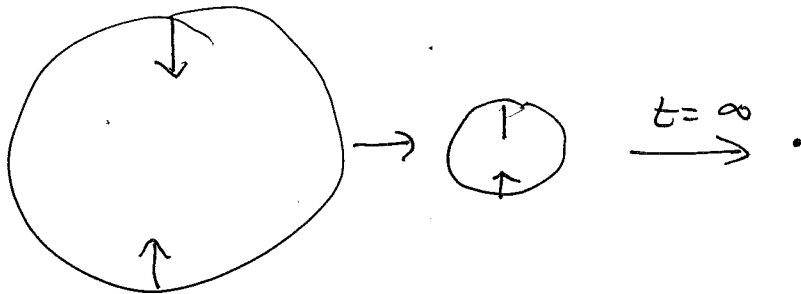
$$\hat{\rho} = \begin{bmatrix} e^{-\gamma_e t} \cos^2 \Omega t/2 & \frac{1}{2} \cos \Omega t e^{-\gamma_e t} e^{-i\omega t} e^{-\gamma_g t} \\ e^{-\gamma_g t} \frac{1}{2} \cos \Omega t e^{+i\omega t} & e^{-\gamma_g t} \sin^2 \Omega t/2 \end{bmatrix}$$

$$P_e = e^{-\gamma_e t} \cos^2 \Omega t/2$$

$$P_g = e^{-\gamma_g t} \sin^2 \Omega t/2$$

$$P_e + P_g \leq 1$$

Here sphere shrinks!



Let us go back and revisit

$$\omega = \omega_0$$

$$V = V_0 \cos \omega_0 t$$

$$i\hbar \dot{\hat{\rho}} = [\hat{H}, \hat{\rho}]$$

$$\Rightarrow i\hbar \dot{\hat{\rho}} = \begin{bmatrix} \hbar \omega_0 & V \\ V & \hbar \omega_0 \end{bmatrix} \begin{bmatrix} \rho_{11} & \rho_{12} \\ \rho_{21} & \rho_{22} \end{bmatrix} - \begin{bmatrix} \rho_{11} & \rho_{12} \\ \rho_{21} & \rho_{22} \end{bmatrix} \begin{bmatrix} \hbar \omega_0 & V \\ V & \hbar \omega_0 \end{bmatrix}$$

$$\Rightarrow i\hbar \begin{bmatrix} \dot{\rho}_{11} & \dot{\rho}_{12} \\ \dot{\rho}_{21} & \dot{\rho}_{22} \end{bmatrix} = \begin{bmatrix} \hbar \omega_0 \rho_{11} + V \rho_{21} & \hbar \omega_0 \rho_{12} + V \rho_{22} \\ V \rho_{11} + \hbar \omega_0 \rho_{21} & \hbar \omega_0 \rho_{22} + V \rho_{12} \end{bmatrix}$$

$$\frac{d\rho_{22}}{dt} = -\frac{d\rho_{11}}{dt} = -\frac{1}{2} i \Omega_0 \rho_{12} + \frac{1}{2} i \Omega_0 \rho_{21}$$

$$\frac{d\rho_{12}}{dt} = -\frac{d\rho_{21}^*}{dt} = \frac{1}{2} i \Omega_0 [\rho_{11} - \rho_{22}]$$

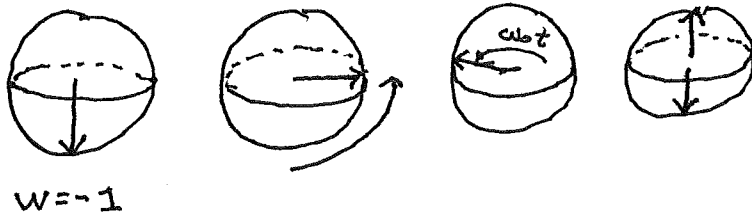
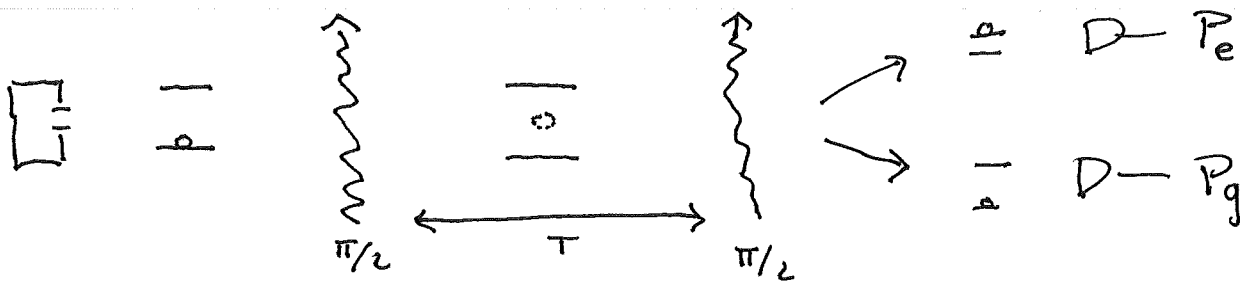
These are also called optical Bloch Eqs.

$$\text{with } \rho_{11} - \rho_{22} = w \quad \text{and } V + i\dot{V} = 2\rho_{12}$$

we recover some results

However let's take simple case of

Loss.

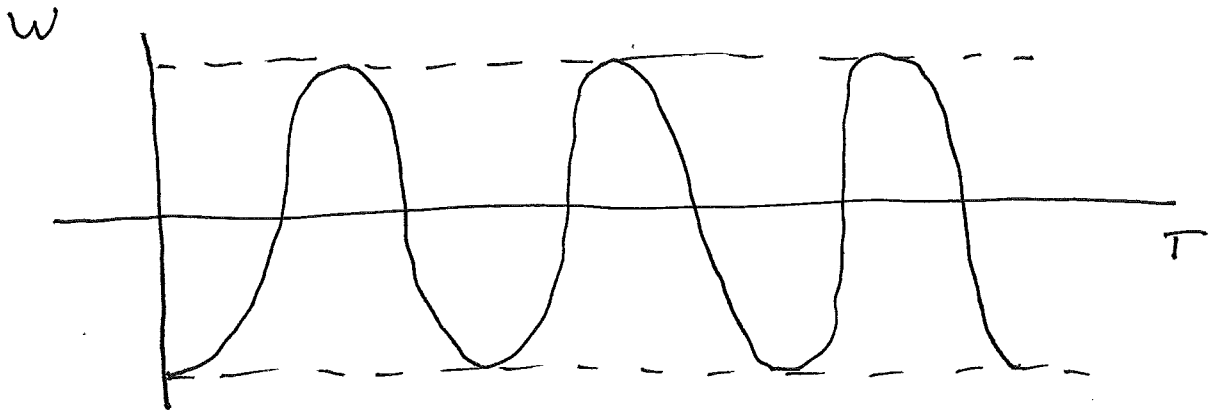


$$P_e = \sin^2(\omega_0/2 T)$$

$$P_e + P_g = 1$$

$$P_g = \cos^2(\omega_0/2 T)$$

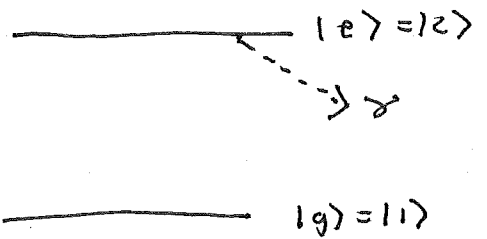
$$W = P_e - P_g = -\cos[\omega_0 T]$$



If ω_0 is a frequency standard I can measure time very accurately by counting peaks

$$t = N t_0 = \frac{N 2\pi}{\omega_0}$$

we allow for
spontaneous emission out
of upper level into some



third level, or coupling to environment

Phenomenologically we insert decay terms. OBE

$$\dot{\rho}_{22} = -\dot{\rho}_{11} = \underbrace{-\frac{i}{2}\Omega_0\rho_{12} + \frac{i}{2}\Omega_0\rho_{21}}_{\text{odd}} - \underbrace{2\gamma\rho_{22}}_{\text{loss out of } |e\rangle}$$

$$\dot{\rho}_{12} = -\dot{\rho}_{21}^* = \underbrace{\frac{i}{2}\Omega_0(\rho_{11} - \rho_{22})}_{\text{odd}} - \underbrace{\Gamma\rho_{12}}_{\text{decoherence}}$$

If atom in empty space $\gamma = \Gamma = \text{Sp Emission rate}$ is only source of decoherence.

However interaction with environment

$$\Gamma = \underbrace{\gamma_{\text{SpE}}}_{\text{SpE}} + \underbrace{\gamma_{\text{DEC}}}_{\text{? collisions heat bath etc. decoherence}}$$

$$\frac{1}{\gamma} = T_1$$

$$\frac{1}{\Gamma} = T_2 \quad \text{decoherence time}$$

Exact solution of 2x2 optical Bloch equations with loss/decoherence not possible. Integrate 2x2 coupled 1st order linear diffy-Qs.

Limiting case $\Omega_0 \gg \Gamma$ loss is small

$$\hat{\rho}(t) \approx \begin{bmatrix} \sin^2(\Omega_0 t/2) e^{-\gamma t} & -\frac{i}{2} \sin[\Omega_0 t] e^{-\gamma t} e^{i\omega t} \\ \frac{i}{2} \sin[\Omega_0 t] e^{-\gamma t} e^{-i\omega t} & \cos^2(\Omega_0 t/2) e^{-\gamma t} \end{bmatrix}$$

$$= \begin{bmatrix} \rho_{ee} & \rho_{eg} \\ \rho_{ge} & \rho_{gg} \end{bmatrix}$$

Optical Bloch

$$W = -\cos[\Omega_0 t] e^{-\gamma t} \quad \text{population loss}$$

$$\left. \begin{aligned} u &= \sin[\Omega_0 t] e^{-\gamma t} \sin \omega t \\ v &= -\sin[\Omega_0 t] e^{-\gamma t} \cos \omega t \end{aligned} \right\} \text{decoherence}$$

population loss \Rightarrow decoherence

decoherence \nRightarrow population loss

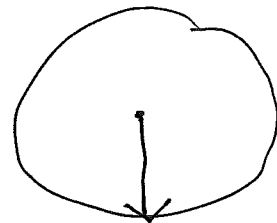
Special Case $\gamma = 0$ (neg. spontaneous emission) SPE

$$\Gamma = 0 + \gamma_{DEC} \quad (\text{atomic collisions})$$

$$w = -\cos[\Omega_0 t] \quad \leftarrow \text{population preserved}$$

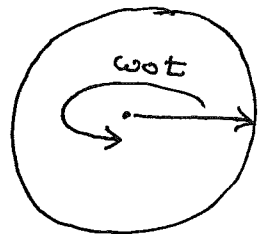
$$\left. \begin{aligned} \mu &= \sin[\Omega_0 t] \sin[\omega_0 t] e^{-\gamma_{DEC} t} \\ \nu &= \sin[\Omega_0 t] \sin[\omega_0 t] e^{-\gamma_{DEC} t} \end{aligned} \right\} \underline{\text{decoherence}}$$

$$\rho(0) = \begin{bmatrix} 0 & 0 \\ 0 & 1 \end{bmatrix}$$

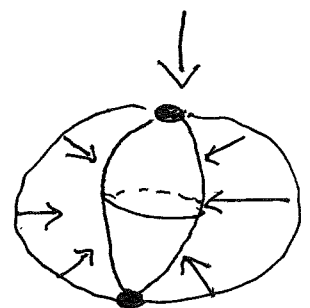


$\pi/2$

$$\rho(t) = \begin{bmatrix} 1 & -\frac{i}{2} \cancel{\sin \Omega_0 t} e^{-\gamma t} e^{i\omega_0 t} \\ \frac{i}{2} \cancel{\sin \Omega_0 t} e^{-\gamma t} e^{-i\omega_0 t} & 1 \end{bmatrix}$$

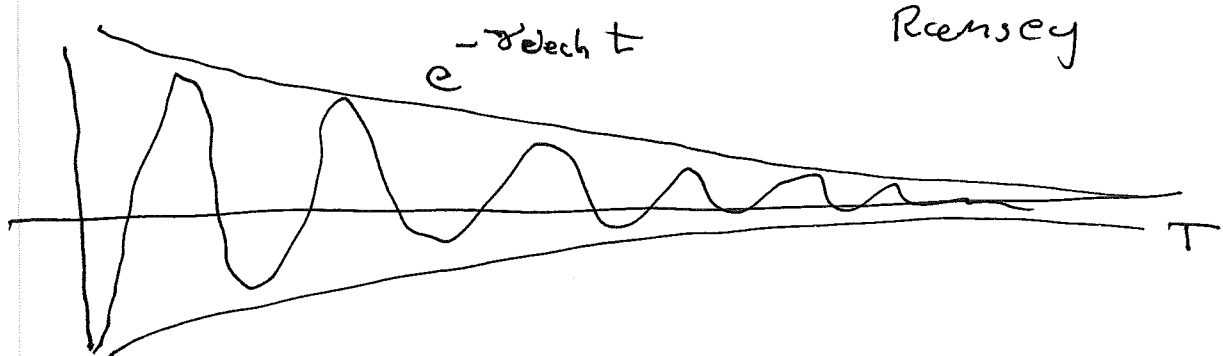


$$\begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \quad t \rightarrow \infty$$



Mixed state! 50% up 50% down

w



special case $\gamma_{SPE} \neq 0$ $\gamma_{dech} = 0$

only decoherence due to loss!

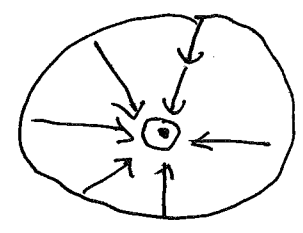
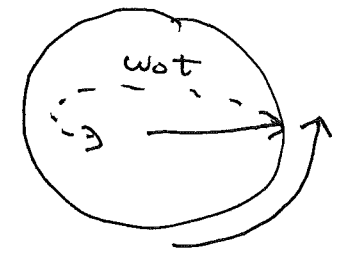
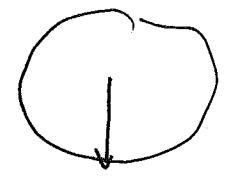
$$P(\omega) = \begin{bmatrix} 0 & 0 \\ 0 & 1 \end{bmatrix}$$

$\pi/2$

$$P(t) = \begin{bmatrix} e^{-\gamma t} & -\frac{i}{2} e^{-\gamma t} e^{i\omega t} \\ +\frac{i}{2} e^{-\gamma t} e^{-i\omega t} & e^{-\gamma t} \end{bmatrix}$$

$\Downarrow t \rightarrow \infty$

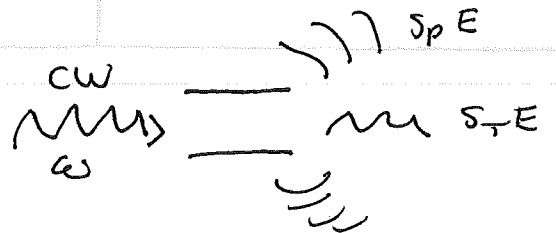
$$\begin{bmatrix} 0 & 0 \\ 0 & 0 \end{bmatrix}$$



Eventually population is all lost to
in accessible levels.

$$\dot{\hat{\rho}} = 0$$

STEADY STATE



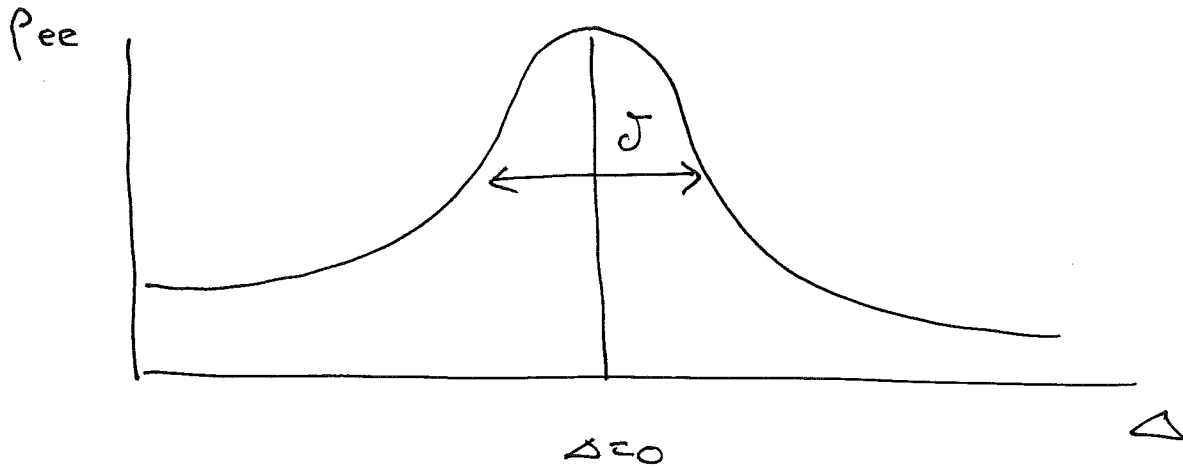
can now solve 4 linear algebra eqs.

$$\rho_{ee} = \rho_{gg} = \frac{\frac{1}{4} \Omega_0^2}{\Gamma^2 + \frac{1}{2} \Omega_0^2 + \Delta^2}$$

$$\rho_{eg} = \rho_{ge}^* = \frac{\frac{1}{2} i \Gamma \Omega_0 e^{-i\Delta t}}{\Gamma^2 + \frac{1}{2} \Omega_0^2 + \Delta^2}$$

$$\Delta = \omega_0 - \omega$$

This is Lorentzian as function of Δ



spectrum gives width in resonance

collision broad

width of curve

$$\Gamma = \gamma_{SPE} + \gamma_{coll}$$

Natural line width

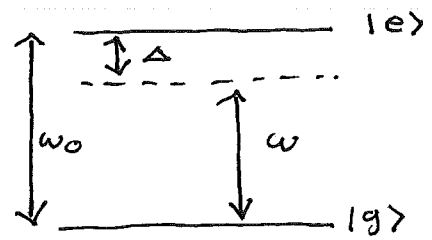
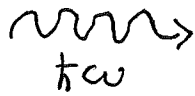
$$\sigma = \sqrt{\Gamma^2 + \frac{1}{2} \Omega_0^2}$$

$\Omega_0 \ll \Gamma_0 \ll \text{power broad}$

8.0 Decoherence in the Rabi Model / Optical Bloch Eqs.

Recall semi-classical Rabi Model

Field classical
 ω



Atom Quantum

$$\omega_0 = (E_e - E_g)/\hbar \quad \Delta = \omega_0 - \omega = \text{detuning}$$

$$\hat{H} = \hat{H}_A + \hat{H}_F + \hat{H}_I$$

neglect semiclassical

We can derive Rabi solutions in density matrix

form

$$\hat{H}_A = \hbar\omega [|e\rangle\langle e| - |g\rangle\langle g|] = \begin{bmatrix} \hbar\omega_0 & 0 \\ 0 & -\hbar\omega_0 \end{bmatrix} \begin{matrix} \langle e| \\ \langle g| \end{matrix}$$

$$\hat{H}_I = \hat{V}_0 \cos\omega t = \begin{bmatrix} 0 & V_{eg}^0 \\ V_{eg}^{0*} & 0 \end{bmatrix} \cos\omega t$$

where $V_{eg}^0 = V_{ge}^{0*} = \langle e | \hat{V}_0 | g \rangle = \langle e | -\vec{d} \cdot \vec{E} | g \rangle$
 $= -\langle e | \vec{d} | g \rangle \cdot \vec{E} = -\vec{d}_{eg} \cdot \vec{E}$ are off diagonal

Hence

$$\hat{H} = \begin{bmatrix} \hbar\omega_0 & V_{eg} \cos\omega t \\ V_{eg}^* \cos\omega t & \hbar\omega_0 \end{bmatrix} \quad \text{Take } V_{eg} = V_{ge} = V \in \text{Real}$$

Let $|\psi(t)\rangle = C_g(t) e^{-i\omega_0 t} |g\rangle + C_e(t) e^{-i\omega_0 t} |e\rangle$

$\Rightarrow \hat{\rho}_\psi = |\psi\rangle\langle\psi|$ density operator pure state!

$$= \begin{bmatrix} |C_e|^2 & C_e^* C_g e^{i\omega_0 t} \\ C_g^* C_e e^{-i\omega_0 t} & |C_g|^2 \end{bmatrix} \equiv \begin{bmatrix} \rho_{ee} & \rho_{eg} \\ \rho_{ge} & \rho_{gg} \end{bmatrix}$$

Instead of solving $i\hbar \frac{\partial |\psi\rangle}{\partial t} = \hat{H} |\psi\rangle$ STATE EQ,

we now solve

$$i\hbar \frac{\partial \hat{\rho}}{\partial t} = [\hat{H}, \hat{\rho}] \text{ density op. eq.}$$

For pure states these approaches are equivalent!

However it is much easier to model loss and decoherence in density operator approach!

The three Bloch parameters are

$$W \equiv \rho_{ee} - \rho_{gg} \quad (\text{Inversion})$$

$$2\rho_{eg} \equiv \mu + i\nu \quad (\text{Coherence})$$

We can immediately lift previous solution Eqs

4.80, which we take with $\Delta = 0$ for

simplcity Eqs. 4.80

$$\begin{aligned}
 C_e &= i \sin(\Omega_0 t/2) \\
 C_g &= \cos[\Omega_0 t/2]
 \end{aligned}$$

$$\Omega_0 \equiv 4V_{eg} = \text{Rabi Freq.}$$

We may construct density matrix

$$\left[\begin{array}{l}
 \rho_{ee} = |C_e|^2 = \sin^2(\Omega_0 t/2) \quad \rho_{eg} = -\frac{i}{2} \sin[\Omega_0 t] e^{i\omega_0 t} \\
 \rho_{ge} = +\frac{i}{2} \sin[\Omega_0 t] e^{-i\omega_0 t} \quad \rho_{gg} = |C_g|^2 = \cos^2(\Omega_0 t/2)
 \end{array} \right]$$

coherence \nearrow
 population \swarrow

$$W \equiv \rho_{ee} - \rho_{gg} = -\cos(\Omega_0 t) \quad \text{and} \quad \mu + i\nu = \rho_{eg} \Rightarrow$$

$$W = -\cos[\Omega_0 t]$$

Inversion

$$u + iv = -\frac{i}{2} \sin[\Omega_0 t] e^{i\omega_0 t} = -\frac{1}{2} \sin \Omega_0 t [\cos \omega_0 t - i \sin \omega_0 t]$$

$$\Rightarrow u(t) = \frac{1}{2} [\sin \Omega_0 t \sin \omega_0 t] = \frac{1}{4} [\cos[(\Omega_0 - \omega_0)t] - \cos[(\Omega_0 + \omega_0)t]]$$

$$\text{and } v(t) = -\frac{1}{2} [\sin \Omega_0 t \cos \omega_0 t] = \frac{1}{4} [\sin[(\Omega_0 - \omega_0)t] + \sin[(\Omega_0 + \omega_0)t]]$$

Recall this is solution assumes $|\psi(0)\rangle = |g\rangle$

We construct a Bloch sphere of radius 1

The vector

$$[u(t), v(t), w(t)]$$

has length

$$u^2 + v^2 + w^2$$

$$= \cos^2 \Omega_0 t + \sin^2 \Omega_0 t \sin^2 \omega_0 t + \sin^2 \Omega_0 t \cos^2 \omega_0 t$$

$$= \cos^2 \Omega_0 t + \sin^2[\Omega_0 t] [\sin^2 \omega_0 t + \cos^2 \omega_0 t]$$

$$= \cos^2 \Omega_0 t + \sin^2[\Omega_0 t]$$

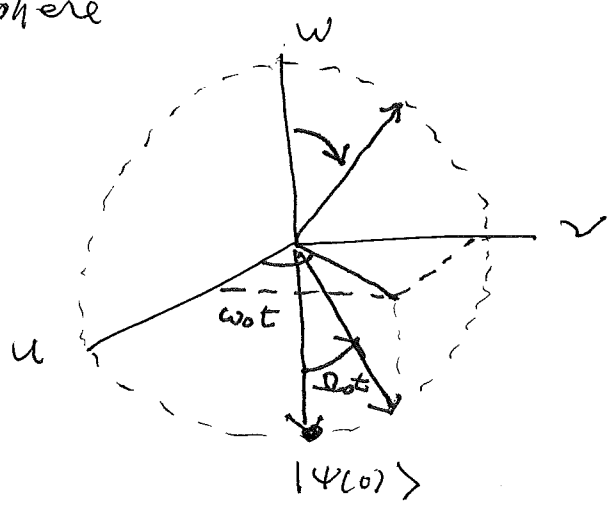
$$= 1$$

so vector traces out evolution of

state on sphere.

$\omega_0 t$ is in equator

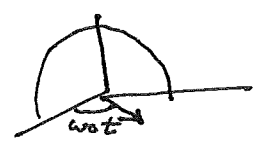
$\Omega_0 t$ is polar.



$$\Omega_0 t = \pi/2 \Rightarrow \pi/2 \text{ pulse}$$

$$= [\sin \omega_0 t, -\cos \omega_0 t, 0]$$

$$[u, v, w] = [1, \sin \omega_0 t, 0]$$



To obtain the probability / time or rate we take Eq. 4.57

$$P_{eg}(t) = \left| \frac{i}{\hbar} \langle e | \hat{d} | g \rangle \cdot \vec{E}_0 \frac{e^{i(\omega + \omega_0)t} - 1}{i(\omega + \omega_0)} \right|^2$$

where we take $n=0$ so sp. EM. only

This formula was derived in free space but for one mode $\omega_{\vec{k},s}$

We can immediately use Fermi's golden rule

$$W_{eg} = \frac{2\pi V}{\hbar^2} |\langle e | \hat{H}_{int} | g \rangle|^2 \rho(\omega_0) \quad \text{Merzbacher 19.49}$$

where $\hat{H}_{int} = -\hat{d} \cdot \hat{E}_s$ and $V \rho(\omega_0)$ is the free space density of modes evaluated at $\omega = \omega_0$, from Eq. 2.75 $\omega \rightarrow \omega_0$

$$\rho(\omega_0) = \frac{\omega_0^2}{\pi^2 c^3} \quad \int d\Omega \hat{r} \cdot \hat{e} = \frac{2}{3}$$

$$W_{eg} = \frac{2\pi}{\hbar^2} \frac{\omega_0^2}{\pi^2 c^3} |\text{deg}|^2 \cdot \frac{\hbar \omega_0}{2 \epsilon_0} \cdot \frac{2}{3}$$

avg over 3 D
↑
both polarizations

$$= \boxed{\frac{\omega_0^3}{\pi c^3 \hbar} |\text{deg}|^2} = A = \gamma \quad \text{Einstein A}$$

Wigner-Weisskopf

For Hydrogen $|2p\rangle - |1s\rangle$ $|e\rangle \rightarrow |e\rangle e^{-\frac{\gamma}{2}t}$
 $\text{deg} = e^2 |\langle 2p | r | 1s \rangle|^2 = e^2 a_0^2 \leftarrow$ Bohr radius

Notice that $A = \gamma \propto \omega_0^3$
 UV transitions decay faster than IR.

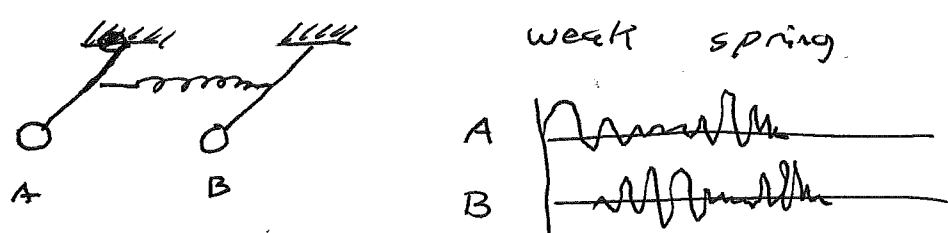
So now we know the rate $|2P\rangle \rightarrow |1S\rangle$
 $= T = \frac{1}{A} \approx \underline{10 \text{ ns}}$ (fast). $|2S\rangle \rightarrow |1S\rangle$

is much harder to compute (second order perturbation)
 but it is much slower (1s).

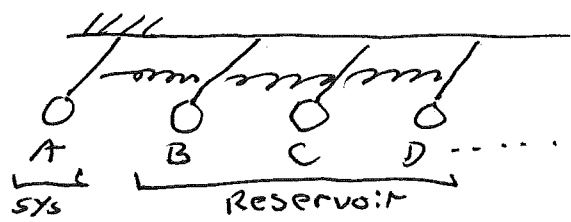
In this treatment atom is
 quantum system and vacuum modes
 is reservoir ($T=0$). Could do $T>0$
 (heat bath).

Idea is that loss / decoherence
 occurs when a small quantum system
 with a few modes
 is coupled to a large quantum
 system with many modes.

Analogy coupled pendula

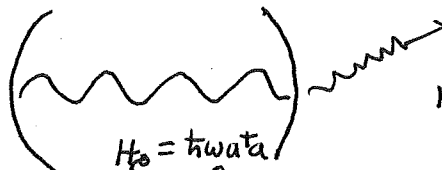


Energy sloshes Back and Forth



If infinite number energy never returns
 to A again!

Quantum Jumps in the photon field



$$H_0 = \hbar \omega_0 a^\dagger a$$

$$H_R = \sum_k \hbar \omega_k b_k^\dagger b_k$$

Let us suppose some photon state $|\psi\rangle$ is in the cavity / single mode. If $Q \neq \infty$ every once and a while a photon is lost. The vacuum modes outside the cavity are the reservoir. Scully 9.1

$$\hat{H} = \hat{H}_{\text{CAV}} + \hat{H}_{\text{RES}} + \hat{H}_{\text{INT}}$$

$$\hat{H}_{\text{CAV}} = \hbar \omega_0 a^\dagger a \quad \text{single mode}$$

$$\hat{H}_{\text{RES}} = \sum_k \hbar \omega_k b_k^\dagger b_k \quad \infty \text{ modes}$$

$$\hat{H}_{\text{INT}} = \hbar \sum_k g_{\vec{k}} [a^\dagger b_{\vec{k}} + b_{\vec{k}}^\dagger a]$$

$g_{\vec{k}}$ is coupling constant of cavity to outside
lets assume $g_{\vec{k}} = g \quad \forall \vec{k}$

We can work in Heisenberg Picture

$$i\hbar \dot{\hat{a}} = \frac{i}{\hbar} [\hat{H}, \hat{a}] = -i\omega_0 \hat{a}(t) - ig \sum_k \hat{b}_k(t) \quad *$$

$$i\hbar \dot{\hat{b}}_k = \frac{i}{\hbar} [\hat{H}, \hat{b}_k] = -i\omega_k \hat{b}_k(t) - ig \hat{a}(t)$$

note $[a, b^\dagger] = 0 \quad [b_k, b_{k'}^\dagger] = \delta_{kk'}$

Hence we have an infinite # of linear coupled diffy - eqs. We can formally integrate

$$\hat{b}_{\vec{k}}(t) = \underbrace{\hat{b}_{\vec{k}}(0) e^{-i\omega_{\vec{k}}t}}_{\text{Free evolution of Reservoir}} - \underbrace{ig \int_0^t dt' \hat{a}(t') e^{-i\omega_{\vec{k}}(t-t')}}_{\text{Evolution of Reservoir perturbed by cavity.}}$$

plugging this back into * gives

$$\dot{\hat{a}}(t) = \underbrace{-i\omega_0 \hat{a}(t)}_{\text{Free Evolution of Cavity}} - \underbrace{g^2 \sum_{\vec{k}} \int_0^t dt' \hat{a}(t') e^{-i\omega_{\vec{k}}(t-t')}}_{\text{"Driven" evolution by Reservoir}} + \underbrace{f(t)}_{\text{Noise Op}}$$

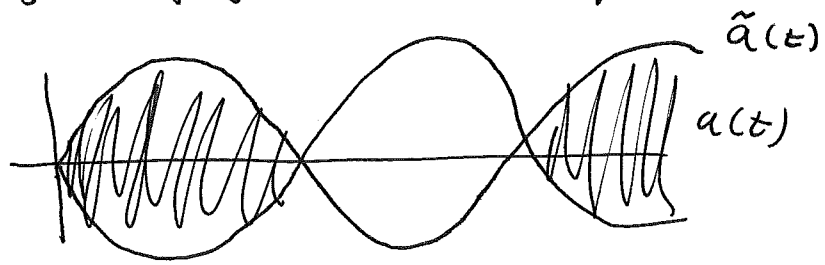
$$\hat{f}(t) = -ig \sum_{\vec{k}} \hat{b}_{\vec{k}}(0) e^{-i\omega_{\vec{k}}t}$$

The effect of the "driven" term is to cause a frequency shift (Lamb shift) but the noise \hat{op} causes loss (spontaneous emission)

We make the transformation

$$\hat{\tilde{a}}(t) = \hat{a}(t) e^{i\omega_0 t}$$

slowly varying envelope approximation



$$[\hat{a}(t), \hat{a}^\dagger(t)] = [\hat{a}(t), \hat{a}^\dagger(t)] = 1 \quad \forall t$$

$$\Rightarrow \dot{\hat{a}} = -g^2 \int_0^t dt' \hat{a}(t') \sum_k e^{-i(\omega_k - \omega_0)(t-t')} + F(t)$$

$$F(t) = e^{i\omega t} f(t) = -ig \sum_k b_k(\omega) e^{-i(\omega_k - \omega_0)t}$$

We can again use Fermi-Golden rule

$$g^2 \sum_k \int_0^t dt' \hat{a}(t') e^{-i(\omega_k - \omega_0)(t-t')} \propto \frac{\delta(\omega - \omega_0)}{\delta(t-t')}$$

$$= \boxed{2\pi g^2 \rho(\omega_0) \tilde{a}(t)}$$

where $\rho(\omega_0) = V \cdot \frac{\omega^2}{\pi^2 c^3}$ is Density of Modes
Q. Largevin

$$\Rightarrow \boxed{\dot{\hat{a}}(t) = \underbrace{-\frac{1}{2}\gamma \tilde{a}(t)}_{\text{Exponential Decay}} + \underbrace{F(t)}_{\text{Fluctuations}}}$$

Dissipation / Fluctuation

$$\boxed{\gamma = 2\pi g^2 \rho(\omega_0)}$$

corresponds to Einstein A / Spont Emission

If $F(t)$ is neg.

$$\boxed{\tilde{a}(t) = \tilde{a}(0) e^{-\frac{1}{2}\gamma t}}$$

The field leaks out of the cavity
with exponential decay

If reservoir at Temp $T=0$

then Fluctuations \hat{F} correspond to
vacuum fluctuations analogous to Lamb
shift

If $T > 0$ more complicated shift

$\Delta E < T^2$ the heat bath