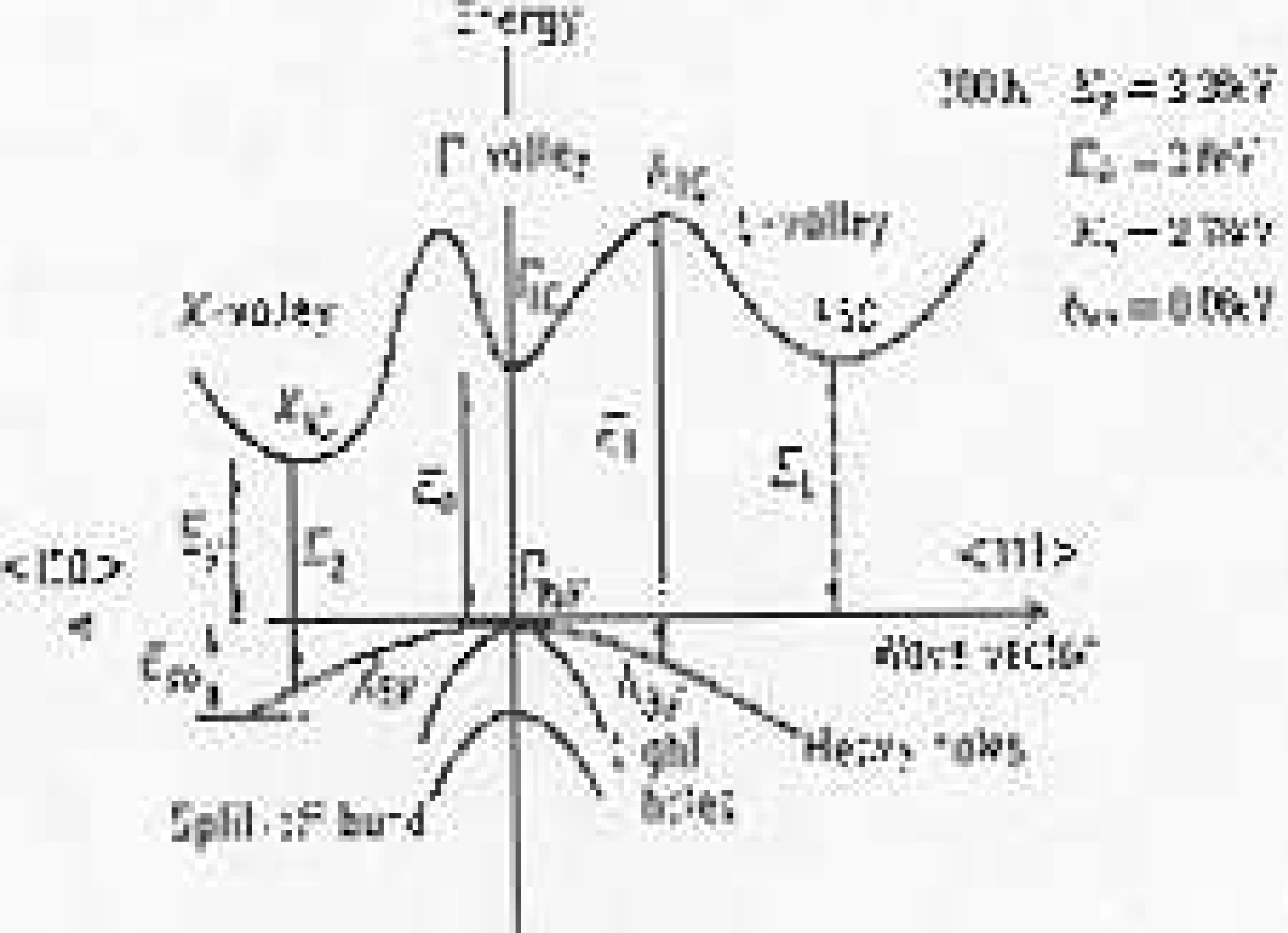
Energy
Γ valley
X-valley
L-valley
<100>
<111>
Heavy hole
Split-off band